



Whitby School

FIRST AID POLICY

Governance Status

This policy was re-issued in December 2023 and was adopted by Governors on 9 January 2024. It will be reviewed every two years or sooner if new, related legislation or guidance is issued, or other school changes occur.

Review Dates	By Whom	Date for Approval
December 2023	Staff and Governors	5 March 2024
March 2026		

Please also refer to the Health and Safety Policy.

Signed on behalf of the Governing Body:

Brian Crosby, Chair

First Aid Policy

1. Aims

The aims of our first aid policy are to:

- Ensure the health and safety of all staff, students and visitors
- Ensure that staff and governors are aware of their responsibilities with regards to health and safety
- Provide a framework for responding to an incident and recording and reporting the outcomes.

2. Legislation and guidance

This policy is based on advice from the Department for Education on first aid in schools and health and safety in schools, and guidance from the Health and Safety Executive (HSE) on incident reporting in schools, and the following legislation:

- The Health and Safety (First-Aid) Regulations 1981, which state that employers must provide adequate and appropriate equipment and facilities to enable first aid to be administered to employees, and qualified first aid personnel
- The Management of Health and Safety at Work Regulations 1992, which require employers to make an assessment of the risks to the health and safety of their employees.
- The Management of Health and Safety at Work Regulations 1999, which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange for appropriate information and training
- The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013, which state that some accidents must be reported to the Health and Safety Executive (HSE), and set out the timeframe for this and how long records of such accidents must be kept
- Social Security (Claims and Payments) Regulations 1979, which set out rules on the retention of accident records
- The School Premises (England) Regulations 2012, which require that suitable space is provided to cater for the medical and therapy needs of pupils/students.

3. Roles and responsibilities

Employers are expected to have a sufficient number of suitably trained first aiders to care for employees in case they are injured at work and a minimum of an 'appointed person' to take charge of first aid arrangements, based on an assessment of need taking into account the nature of employees' work, the number of staff, and the layout and location of the school. The appointed person does not need to be a trained first aider.

Section 3.1 below sets out the expectations of appointed persons and first aiders as set out in the 1981 first aid regulations and the DfE guidance listed in section 2.

3.1 Appointed person(s)

The school's appointed staff to help with co-ordinating first aid are Trudi Lowe, Joe Daley, Rachel Coates and the pastoral team, alongside each school's first aiders, overseen by the Heads of School and the Business & Resources Manager. These staff are responsible for:

- taking charge when someone is injured or becomes ill
- Ensuring there is an adequate supply of medical materials in first aid kits, and replenishing the contents of these kits
- Ensuring that an ambulance or other professional medical help is summoned when appropriate.

First aiders are trained and qualified to carry out the role (see section 7) and are responsible for:

- Acting as first responders to any incidents; they will assess the situation where there is an injured or ill person, and provide immediate and appropriate treatment
- Sending pupils/students home to recover, where necessary
- Filling in an accident report on the same day as, or as soon as is reasonably practicable after, an incident (see the template in appendix 2)
- Keeping their contact details up to date.

Our school's are listed in appendix 1. Their names will also be displayed prominently around the school sites.

3.2 The local authority and governing board

North Yorkshire Council has ultimate responsibility for health and safety matters across our sites, but delegates responsibility for the strategic management of such matters to the school's governing board. The governing board delegates operational matters and day-to-day tasks to the Heads of School and staff members, as described above.

3.3 The Heads of School

The Heads of School are responsible for the implementation of this policy, including:

- Ensuring that an appropriate number of appointed persons and/or trained first aid personnel are present on site at all times
- Ensuring that first aiders have an appropriate qualification, keep training up to date and remain competent to perform their role
- Ensuring all staff are aware of first aid procedures
- Ensuring appropriate risk assessments are completed and appropriate measures are put in place
- Undertaking, or ensuring that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place
- Ensuring that adequate space is available for catering to the medical needs of pupils/students
- Reporting specified incidents to the HSE when necessary (see section 6).

3.4 Staff

School staff are responsible for:

- Ensuring they follow first aid procedures
- Ensuring they know who the first aiders and/or appointed person(s) in school are
- Completing accident reports (see appendix 2) for all incidents they attend to where a first aider is not called
- Informing the Head of School or their manager of any specific health conditions or first aid needs.

4. First aid procedures

4.1 In-school procedures

In the event of an accident resulting in injury:

- The closest member of staff present will assess the seriousness of the injury and seek the assistance of a qualified first aider, if appropriate, who will provide the required first aid treatment
- The first aider, if called, will assess the injury and decide if further assistance is needed from a colleague or the emergency services. They will remain on the scene until help arrives
- The first aider will also decide whether the injured person should be moved or placed in a recovery position
- If the first aider judges that a student is too unwell to remain in school, parents will be contacted and asked to collect their child. Upon their arrival, the first aider/designated member of staff will recommend next steps to the parents
- If emergency services are called, a member of the pastoral or office team will contact parents immediately
- The first aider/relevant member of staff will complete an accident report form on the same day or as soon as is reasonably practical after an incident resulting in an injury.

4.2 Off-site procedures

When taking pupils/students off the school premises, staff will ensure they always have the following:

- A school mobile phone
- A portable first aid kit including, at minimum:
 - individually wrapped sterile adhesive dressings
 - 1 large sterile unmedicated dressing
 - 2 triangular bandages – individually wrapped and preferably sterile
 - 2 safety pins
 - individually-wrapped moist cleansing wipes
 - disposable gloves.
- Information about the specific medical needs of students on the trip

- Parents' contact details.

When transporting pupils/students using a minibus or other large vehicle, the school will make sure the vehicle is equipped with a clearly marked first aid box containing, at minimum:

- antiseptic wipes, foil packed
- a conforming disposable bandage (not less than 7.5cm wide)
- 2 triangular bandages
- 1 packet of assorted adhesive dressings
- large sterile unmedicated ambulance dressings (not less than 15cm × 20 cm)
- sterile eye pads, with attachments
- assorted safety pins
- 1 pair of rustproof blunt-ended scissors.

Risk assessments will be completed by the trip leader prior to any educational visit which necessitates taking students off the school premises.

5. First aid equipment

A typical first aid kit in our school will include the following:

- A leaflet giving general advice on first aid
- 15 (in smaller kits)/20 individually wrapped sterile adhesive dressings of assorted sizes (30 in the larger PE kits)
- 2 sterile eye pads
- 2 individually wrapped triangular bandages (preferably sterile)
- 6 safety pins
- 2 medium-sized individually wrapped sterile unmedicated wound dressings (3 in the larger PE kits)
- 2 large sterile individually wrapped unmedicated wound dressings
- 3 pairs of disposable gloves.

No medication is kept in first aid kits.

First aid kits are stored in:

- The medical rooms
- At each reception desk
- Science labs
- The pastoral offices
- Design and Technology classrooms
- The school kitchens
- In the school minibuses.

6. Record-keeping and reporting

6.1 First aid and accident record book

- An accident form will be completed by the first aider on the same day, or as soon as possible after an incident resulting in an injury
- As much detail as possible should be supplied when reporting an accident, including all of the information included in the accident form at appendix 2
- For accidents involving students, a copy of the accident report form will also be added to the student's educational record by a member of the office. In addition, staff will record the accident in the NYC B-Safe recording database.
- Records held in the first aid and accident book will be retained by the school for a minimum of 3 years, in accordance with regulation 25 of the Social Security (Claims and Payments) Regulations 1979, and then securely disposed of.

6.2 Reporting to the HSE

Rachel Coates or Sally Nimmo will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7) and these will be recorded in the NYC B-Safe system.

The NYC Health & Safety Adviser will report these to the HSE as soon as is reasonably practicable following the incident being entered in the B-Safe database and, in any event, within 10 days of the incident – except where indicated below. Fatal and major injuries and dangerous occurrences will be reported without delay (ie, by telephone) and followed up in writing within 10 days.

School staff: reportable injuries, diseases or dangerous occurrences

These include:

- Death
- Specified injuries, which are:
 - fractures, other than to fingers, thumbs and toes
 - amputations
 - any injury likely to lead to permanent loss of sight or reduction in sight
 - any crush injury to the head or torso causing damage to the brain or internal organs
 - serious burns (including scalding) which:
 - covers more than 10% of the whole body's total surface area; or
 - causes significant damage to the eyes, respiratory system or other vital organs
 - any scalping requiring hospital treatment
 - any loss of consciousness caused by head injury or asphyxia
 - any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours.

- Work-related injuries that lead to an employee being away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident). In this case, the NYC Health & Safety Adviser will report these to the HSE as soon as reasonably practicable and in any event within 15 days of the accident.
- Occupational diseases where a doctor has made a written diagnosis that the disease is linked to occupational exposure. These include:
 - carpal tunnel syndrome
 - severe cramp of the hand or forearm
 - occupational dermatitis, e.g. from exposure to strong acids or alkalis, including domestic bleach
 - hand-arm vibration syndrome
 - occupational asthma, e.g. from wood dust
 - tendonitis or tenosynovitis of the hand or forearm
 - any occupational cancer
 - any disease attributed to an occupational exposure to a biological agent.
- Near-miss events that do not result in an injury, but could have done. Examples of near-miss events relevant to schools include, but are not limited to:
 - the collapse or failure of load-bearing parts of lifts and lifting equipment
 - the accidental release of a biological agent likely to cause severe human illness
 - the accidental release or escape of any substance that may cause a serious injury or damage to health
 - an electrical short circuit or overload causing a fire or explosion.

Students and other people who are not at work (eg, visitors): reportable injuries, diseases or dangerous occurrences

These include:

- death of a person that arose from, or was in connection with, a work activity*
- an injury that arose from, or was in connection with, a work activity* and where the person is taken directly from the scene of the accident to hospital for treatment

*An accident "arises out of" or is "connected with a work activity" if it was caused by:

- a failure in the way a work activity was organised (e.g. inadequate supervision of a field trip)
- the way equipment or substances were used (e.g. lifts, machinery, experiments, etc); and/or
- the condition of the premises (eg, poorly maintained or slippery floors).

Information on how to make a RIDDOR report is available here:

[How to make a RIDDOR report, HSE](http://www.hse.gov.uk/riddor/report.htm)
<http://www.hse.gov.uk/riddor/report.htm>.

7. Training

All Federation staff are able to undertake first aid training if they would like to. All first aiders must have completed a training course, and must hold a valid certificate of competence to show this. The schools will keep a register of all trained first aiders, what training they have received and when this is valid until (see appendix 3). The Federation will arrange for first aiders to retrain before their first aid certificates expire. In cases where a certificate expires, the Federation will arrange for staff to retake the full first aid course before being reinstated as a first aider.

8. Monitoring arrangements

This policy will be reviewed by the Business & Resources Manager every two years. Following each review, the policy will be approved by the Governing Board.

9. Links with other policies

This first aid policy is linked to the:

- Health and safety policy
- Risk assessment policy
- Policy on supporting pupils/students with medical conditions.

Appendix 2: accident report form

NAME OF INJURED PERSON		ROLE/CLASS	
DATE AND TIME OF INCIDENT		LOCATION OF INCIDENT	
INCIDENT DETAILS			
<p><i>Describe in detail what happened, how it happened and what injuries the person incurred.</i></p>			
ACTION TAKEN			
<p><i>Describe the steps taken in response to the incident, including any first aid treatment, and what happened to the injured person immediately afterwards.</i></p>			
FOLLOW-UP ACTION REQUIRED			
<p><i>Outline what steps the school will take to check on the injured person, and what it will do to reduce the risk of the incident happening again.</i></p>			
NAME OF PERSON ATTENDING THE INCIDENT			
SIGNATURE		DATE	

